

CONTINUOUS

PROFESSIONAL

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AdminZ

Te Kāwarangi

National Webinar Series: Critic to COACH

We all know what it's like. That voice in your mind that says, "Who are you to do this? You're an incompetent impostor". The Impostor Syndrome - or what Dr Bex calls the Impostor Critic - can feel like a career limiting monster hiding under the bed. But what if this voice didn't have to hold you back anymore? What if instead of trying to get rid of your Impostor Critic, you actually befriended it, and learned to listen to your Inner Coach instead?

In this webinar series, you'll learn how to step into your Inner Coach's shoes so you can heal the negative impact of your Impostor Critic, end self-sabotage, and own your greatness, personally and professionally.

Fortnightly 6:30pm 14/09 to 23/11 via Zoom
Members: Free/Non-Members \$240



Dr Bex Bell

Bex describes what she does as helping ambitious people heal what's holding them back so they can end self-sabotage, own their greatness and increase their impact.

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Register at:

<https://adminz.org.nz/event-5235032>



Professional and
Personal Growth
This series accrues
30 CPD points



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